

Committee on Screening, Brief Intervention and Referrals (SBIR)
Lancaster County Substance Abuse Action Coalition (SAAC)
March 2, 2004

Present were: Joe Rogers, Karen McCain, Karee Ficke, Rick McNeese, and Otto Schultz
This meeting focused on planning the training for the Lincoln Medical Education Foundation
Family Practice Residents

Some of the issues we discussed in no particular order.

- ❖ Give them a copy of "Brief Interventions in a Primary Care Setting.
- ❖ We have about 45 minutes in fact.
- ❖ Opening questions; how frequently do you encounter alcohol related problems? What are the different ways you see it? Can you give an example of how you see it? Describe a frustration you've had or a success you've had in a verbal intervention, either personally or professionally. How have you seen alcohol problems effect families?
- ❖ We buy lunch. Rick will contact Letha to find out what they've had for lunch lately so we can order something different for them. It'll take 25 lunches.
- ❖ Give them a list of agencies that do evaluations. Present the option of the Doc calling ahead for the evaluation.
- ❖ Find the research that shows SBI is valuable in itself.
- ❖ Note the problem of, "My doc knows all about this and she or he didn't say anything.
- ❖ It will take long-term work to fix the system so that people are not diagnosed and then left to wait. I'd love to walk into the legislature one day with 6 formal letters of complaint from M. D.'s who can't get their patients needed treatment because of waiting lists.
- ❖ Emphasize how much this is like everything else that they do.
- ❖ Find old poster of your "typical" alcoholic.
- ❖ How many of you think it doesn't do any good to say something to a person with an alcohol problem. Use "Stages of Change" model. Also use, "Five levels of alcohol non-use, use, misuse, abuse, dependency - model.
- ❖ Literature review
- ❖ Sample interview by staff. Give them tools for initiating the conversation. How do you put this into your history taking? Ask the faculty - Clinic Director- if we can train office staff.

- ❖ Get some data on the proportion of patients with AOD problems.
- ❖ Dr. Kerry Ward – the Chief Hospitalist at St. Elizabeth’s was enthused about this.
- ❖ Check out old video “Alcoholism and the Physician” especially the segment that shows how a doctor’s ideas and attitudes about alcoholism might be formed.
- ❖ There is a JAMA article on chronics that studied 300 patients. Two contacts with the Doc mean 3x the abstinence rate than 12 Step groups alone. What if you could triple your success with cardiac recovery through short conversations?
- ❖ We need to discuss follow-up interviews.